



Kit list

A suggested kit list for children is as follows (PLEASE LABEL ALL ITEMS):

Equipment

- Packed lunch for arrival (this will be provided for any child that receives free school meals)
- Sleeping bag
- Blanket
- Pillow
- Small towel
- Torch
- Small daypack/rucksack
- Refillable water bottle
- Bag for wet/dirty clothes
- Sunglasses

Toiletries

- Personal toiletries inc. toothbrush & toothpaste
- Any personal medication needed
- Suncream

Clothing

Please bring sufficient clothing for the duration of your stay bearing in mind you will be outdoors and the Cornish Spring/Summer can be unpredictable! Suggested clothing includes:

- T-shirts
- Sweatshirts/fleeces/jumpers
- Trousers/tracksuit (trousers are essential as they are required to be worn when walking to activity locations out of the main camp e.g. the woodland).
- Shorts
- Underwear
- Socks
- Nightwear
- Outer layers
- Warm jacket/fleece
- Waterproof jacket - ESSENTIAL
- Waterproof trousers - ESSENTIAL
- Warm hat (for night-time outdoor activities and wearing in bed if it's chilly!)
- Sun hat/cap
- Footwear
- Walking boots and/or wellies
- Trainers (for general life around camp and climbing activity)
- Ideally a spare pair of trainers in case first pair get wet!



Itinerary

Tuesday 21st May

- 13:00-13:15 Arrival, walk to camp & packed lunch
- 13:15-14:00 Welcome briefing & tour of camp
- 14:00-14:30 Moving in
- 15:00-17:00 Archery or Climbing
- 17:00-18:00 Community tasks & free time
- 18:00-19:00 Dinner
- 19:00-19:45 Community tasks & free time
- 19:45> Wild Wood Walk

Wednesday 22nd May

- 07:00-08:15 Community tasks & packing
- 08:15-09:15 Breakfast
- 09:15-09:45 Community tasks
- 09:45-12:00 Survival Skills
- 12:00-12:30 Lunch
- 12:30 Departure

All times of activities may be subject to change.