

# PSHE

## Being Me in My World



**Class Tamar**

**Autumn 1 2023**

Our first PSHE lesson was about getting to know each other. We were able to recognise our worth and identify positive things about ourselves and others. We all reflected on our achievements and set personal goals.



I liked sharing compliments about each other, it made me feel really happy.



My goal for this year is to get to 99 club!



We considered what a 'nightmare school' might look like and illustrated this. We discussed as a class how we can face new challenges positively, make responsible choices and ask for help when needed. We recognised that sometimes our friends might find this difficult so we must try to help them face challenges if they need it.



A nightmare school would be a school where we had no play time or a nice lunch!

A challenge is a good thing, its important not to give up before trying!



We had some reflection time based on rewards and consequences. We discussed how our actions affect ourselves and others and how we all care about each other's feelings. We shared the different rewards and consequences that we have at school and why these are important.



It is important to have consequences and rewards so we learn right from wrong.



I like getting housepoints and certificates at school.



We then considered what a 'dream school' looks like and illustrated this. We reflected why our school is a safe and happy place to be! We all were able to understand why rules are needed and how they relate to our rights and responsibilities.



We are lucky at this school, I am always happy to come to school.

We know who to go to if we are worried.

We all have rights and responsibilities!

Rules at school keep us safe and happy.

