



<p><u>School Development Plan Priority</u> PD, Behaviour and Safety 4.8 – Pupils know how to keep themselves healthy and make informed choices about healthy eating and fitness</p>	<p><u>Focus of Visit</u> Focus on the distribution of healthy snacks and the attitude of the children around this</p>
<p><u>Visit time, date and Governor name:</u> Monday 23rd November 2015 10.45 am Jackie Eason</p>	<p><u>Staff name:</u> Playground supervisors on that day</p>
<p><u>Planned questions to raise/ areas to focus on:</u></p> <p>Was fruit available for all children? How was it distributed? Was it popular? Was there any wastage? Did the pupils appreciate the reasons why they were receiving fruit? Were the pupils active during the break time.</p>	
<p><u>Previous visit: Progress on agreed actions and Impact</u> n/a</p>	
<p><u>Observations and Discussions</u></p> <p>A large amount of fruit and vegetables were prepared into bowls. Carrots, apples, oranges were included. The pupils were extremely enthusiastic about the snacks, some returned for second helpings. The distribution was very relaxed, no one was forced or persuaded to eat the fruit but a very high percentage, if not possibly all, of the pupils helped themselves to some.</p> <p>When asked if they liked the snacks the pupils revealed...</p> <p>‘Yes, we get different choices every day’, ‘It’s very healthy and everyone gets the same so it’s nice and fair’, ‘yes it’s good for us and helps us to work through the rest of the morning’ ‘yes, I’m always really hungry, I’ve had a carrot, and an apple and now I’m going to have an orange (big smile)’ ‘yes, it’s great, would you like some?’</p> <p>Most of the snacks were eaten, the few that remained would be fine for the next day so there was very little wastage.</p> <p>I also observed the activities going on in the playground. There was an area for football (that I bravely entered) and asked them about their game. They said that they played every day but stayed around the corner so the ball didn’t hurt anyone. They also had a couple of much younger boys playing with them.</p> <p>Staff were also actively encouraging a pupil with a walking frame to become more active and circulate with the other children as he had isolated himself. This was successful.</p> <p>In general the children were active and buzzing with life.</p>	

Fourlanesend Community Primary School – Governor monitoring visit report form



Summary to be entered on Governor Monitoring Plan:

The healthy snacks were very popular, well distributed and the pupils understood the health benefits. They also understood the importance of activity and fun at break-time.

Further Action Required:

Impact of Governance:

Date and time of next visit:

Governor signature:

Date:

Staff signature: