



Issue 82 5th July 2019

Academic Year 2018/19 Term Dates:

Last day of term - Tuesday 23rd July
Staff INSET—4th September
6th Form Induction - 5th September
Years 7, 10 and 12 Return - 6th September
All Year groups return - 9th September

Upcoming Events

Post 16 Open Evening - 9th July
Year 6 Transition Day - 10th July
Activities Week - 15th-19th July
Year 7, 10, 12 Photos - 10th September

UK Biology Competition

Students from our top set Year 9 Biology groups have recently taken part in the national UK Biology Competition.

Rosie Robinson Jones achieved a Silver award, placing her in the top 15% in the country. A number of other students gained bronze awards.

Well done everyone!



Awards Evening 2019

Thank you to everyone who attended the Awards Evening this week and congratulations and well done to all students who received awards.

This is a particularly special evening which recognises the fantastic achievements of our students from which there are too many to mention individually. Photos from the evening are contained within this newsletter.

Relationships and Sex Education

Year 10 students took part in a Relationships and Sex Education themed morning on Monday 1st July in addition to the RSE covered in their PSHE lessons.

The aim of the day was to provide students with the knowledge and skills that they need to make informed decisions about their lives and to allow discussion of the many issues associated with this subject. The event was delivered by Brook, the leading young people's sexual health and wellbeing organisation.



The Brook Bitesize event gives an introduction to the issues young people will face every day, with Brook facilitators guiding them through fun zones provoking discussion and debate. Activities focussed on the law and age of consent, safer sex and attitudes and values towards relationships and sex. Brook run a clinic in the Children's Centre on Monday's 3.30-6pm which students can access if they need further information, advice or support.

Well done to Polhawn Winners - College Sports Week



Big Bang Exhibition - Exeter

On Tuesday 26th June a number of Year 7 students, including members of the College's STEM club, went to the Big Bang exhibition held at Westpoint Arena in Exeter. This is the region's largest celebration of STEM (Science, Technology, Engineering and Maths) and featured a diverse range of STEM employers, interactive exhibits, an exciting Science show and the opportunity to speak to lots of experts about careers in STEM. The Devon Ambulance exhibit was amazing and featured the most life like first aid training manikin we had ever seen.



Well-done to all the students who came on the trip, asked brilliant questions and coped very well with the particularly hot weather. If you would like to join the STEM club, it is for Years 7 to 9 and meets on a Monday lunch time in Miss Pine's room. You can visit this link to find out more about STEM careers: <https://www.thebigbangfair.co.uk/careers/stem-careers/>



A big thank you to Plymouth City Coach CEO, Richard Stevens, who provided the coach transport free of charge due to the value of this experience for our students.

Plymouth Athletics Championships

This was another successful athletics championships for TCC athletes with the Year 8 girls' team recently competing at Brickfields.

Following a fantastic season last year the Year 8 girls started the season with four of their original team absent so have had to work hard to build a new team, which they have done since Easter, and showed fantastic team spirit at Brickfields. They knew they had to perform to their best and were really supportive of our new athletes and our three Year 7s (Holly, Maddie and Alice) who were asked to step up a year.

The team set their aim to come top 5 again and pulled out some fantastic performances against 11 other schools, with many getting PBs, to come 4th overall behind Mount Kelly, Plymouth College and Plymouth High School for Girls. They beat all of the Plymouth schools that competed. Needless to say the team were delighted as the results were called.

Notable individual results: Holly T 3rd shot, Mia 3rd Javelin, Maddie 1st in 300m H, Holly B 3rd 200m, Holly M 5th 1500m, Charlotte 5th discus and 5th 800m, Heidi 2nd high jump, 4x4 relay 3rd in heat and Bridgette completed her 1st 75m hurdles race.



Well done team ! (Holly T, Holly M, Mia, Charlotte, Bridgette, Heidi, Holly B, Maddie and Alice.)

Miss Milford

East Cornwall Super 8 Athletics Qualifiers

After success at the Plymouth Championships our TCC athletes made us very proud last week with our best ever set of results at the East Cornwall Super 8's against eight other secondary schools, with many gaining new PBs.

Our teams of 8 needed to have 2 athletes in each event, one track, one field and a relay. Their times and distances were converted in to points for the team so every cm and second counted.

After winning the Plymouth Championship the Year 7 girls started really well and showed excellent resilience when faced with a few dramas, including a fall at the start of the 100m and being cut up in the 200m. However, they performed incredibly well in all the events with 10 top 3 places to win by over 140 points. They are delighted to qualify to represent East Cornwall at the Cornwall School Games. They will compete against the 2 winning teams from North, West, Mid and South Cornwall.

The **Year 8/9 girls** team achieved a really pleasing 3rd place and missed qualifying by just 5 points which is very frustrating for them, but this is a new team who have been very committed to training this term and have set their aim already to qualify next year.

The **Year 7 boys** worked fantastically well in supporting each other and had some excellent individual results helping the team to gain confidence as the day went on; they came 3rd just behind Liskeard.

The **Year 8/9 boys** team, consisting mostly of Year 8s, came 4th with some really promising individual results to build on for next year.

All athletes can see us to find their results. Races were run as heats but these are the final results. Overall placings show some high scoring individual athletes which came from their points for both events being added:

Year 7 Girls: Rosie 1st High jump and 75m hurdles (2nd overall), Poppy 1st 800m and long jump (3rd overall), Holly B 1st 200m and 2nd high jump (12th overall), Sky 1st shot putt, Maddie 2nd javelin and 5th 200m, Alice 3rd javelin and 5th 100m, Team 1st 4 x 100m relay (Holly B, Alice, Rosie, Poppy).

Year 8/9 Girls: Emily J 1st 80m hurdles, 3rd long jump (5th overall), Freya 1st high jump and 4th 100m (9th overall), Chianna 3rd 100m and 5th long jump (6th overall), Ruby 2nd high jump and 4th 1500m, Marley 3rd shot putt, Rosie 3rd javelin, Maddie 4th shot putt, Team 4 x 100m relay 4th (Freya, Emily, Maddie, Chianna).

Year 7 boys: Evan 2nd high jump and 3rd 800m (5th overall), Seb 2nd 80m hurdles (6th overall), Kobi 4th high jump and 5th 80m hurdles, Oliver 3rd 200m, Seth 4th long jump, Connor 4th shot putt (12th overall), Team, 4 x 100m relay 3rd (Evan, Freddie, Oliver, Kobi).

Year 8/9 boys: Jude 3rd 80m hurdles and 4th javelin, Alfie 2nd long jump and 3rd 800m (5th overall), Dan 4th 800m, Ben 4th shot putt (3rd overall), Harry 5th javelin, Team 4x100m relay 4th (Ben, Dan, Jack, Jude)

Our athletes' behaviour and encouragement for each other on the day was just superb and enabled our older students to act as great role models in mentoring the younger students. Well done all and good luck to our Year 7 Super 8 girls for the Cornwall School Games final on Friday.

Miss Milford and Mr Evans



Cornwall Super 8s Athletics Final

Our Year 7 girls athletics team travelled to Par again last week to represent East Cornwall in the Super 8 athletics finals.

They set their sights high and all agreed to try to aim to bring 5 medals back to TCC. They knew that they faced the top 2 teams from North, West, South and Mid Cornwall and agreed to enjoy the last school competition of the season and go for it!



They certainly did that and performed well above our expectations. Rosie and Chloe started the day with excellent performances in the 75m hurdles with Rosie coming first overall and Chloe 2nd in her heat. This was quickly followed by Poppy and Savannah in the 800m with Poppy winning by some distance and Savannah beating her PB to come 9th.



This set the standard for the day with Holly coming 1st in 200m and Maddie 5th in her heat, Alice and Sky coming 1st and 3rd in 100m heats, Poppy and Chloe coming 1st and 2nd in long jump, Rosie and Holly coming 1st and 3rd in high jump, Sky and Savannah coming 1st and 9th in shot putt, and Alice and Maddie coming 3rd and 8th in javelin. This was topped off with Rosie, Alice, Holly and Poppy winning the 4x100m relay by some distance and Sky and Savannah running in the winning East Cornwall medley relay.



This was an unbelievable performance by our Year 7 team who are mostly new to competing in athletics.

We are still waiting to understand and clarify the team result and will let athletes and parents know as soon as we do.

Thank you to parents for their support on the day. Well done girls - what a day!

Miss Milford and Mr Evans

Awards Evening 2019



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