

# RE

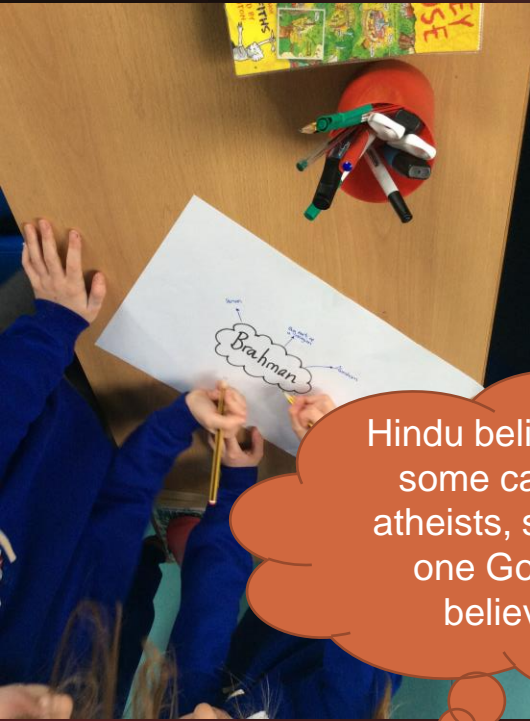
HINDUISM: WHY DO HINDUS TRY  
TO BE GOOD?

# I understand what Brahman is to Hindus

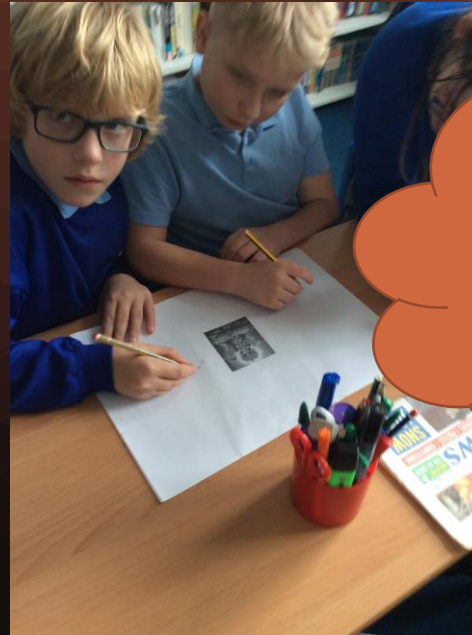
Brahman is more than a God or even a creator to Hindus, he is everything and in everything.

Christians believe their God created the world, but Hindus see that Brahman is the world, he is everything.

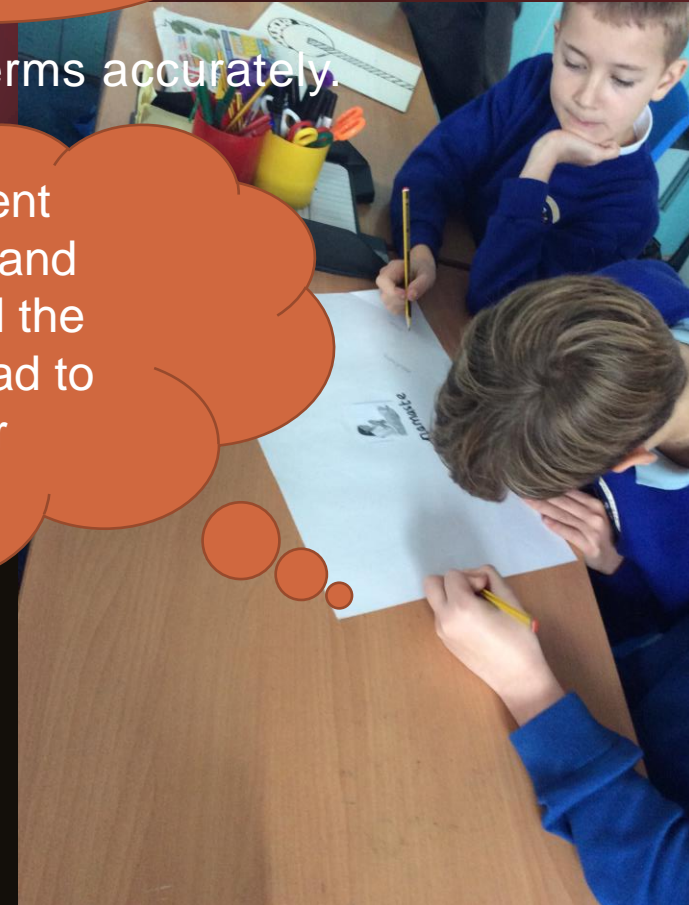
- We identified and explained Hindu belief about Brahman using technical terms accurately.



Hindu beliefs are diverse, some call themselves atheists, some believe in one God, and some believe in many.



We had different images, words and symbols around the room, and we had to find out their connection.



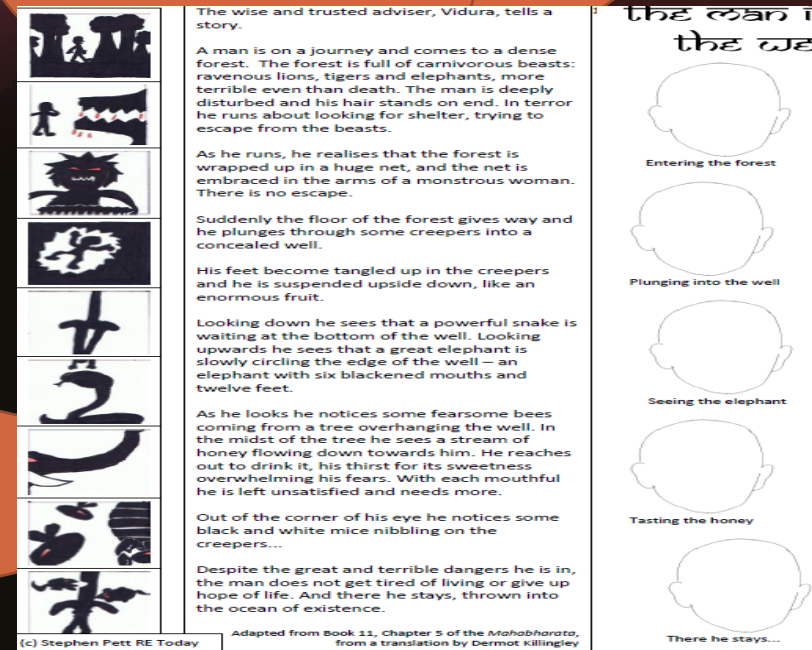


# I can identify and explain Hindu belief about atman using technical terms accurately.

We looked at the story of the man in the well and what it symbolised.

Hindus believe atman is the spark of Brahman in everyone. Sometimes it gets stuck as they focus on wants not needs. Like mobile phones!

They hope their atman will finally be released and they can return to Brahman – I think of it like their soul needs to return to it's body.



# I understand Samsara, karma and dharma and how they are connected

Karma can be good or bad – what goes around comes around.



We played snakes and ladders using red cards to go down the snakes and green cards to climb the ladders to reach Moksha which is going back to Brahman. We put on the red cards when wisdom is not followed (bad karma) and on green cards when it is followed - so doing our duty (dharma). If Hindus were good and did their duty, they will be free, and their atman will return to Brahman, and they won't be reborn.



Dharma is a Hindu's duty. Samsara is the life cycle of birth – death – rebirth.

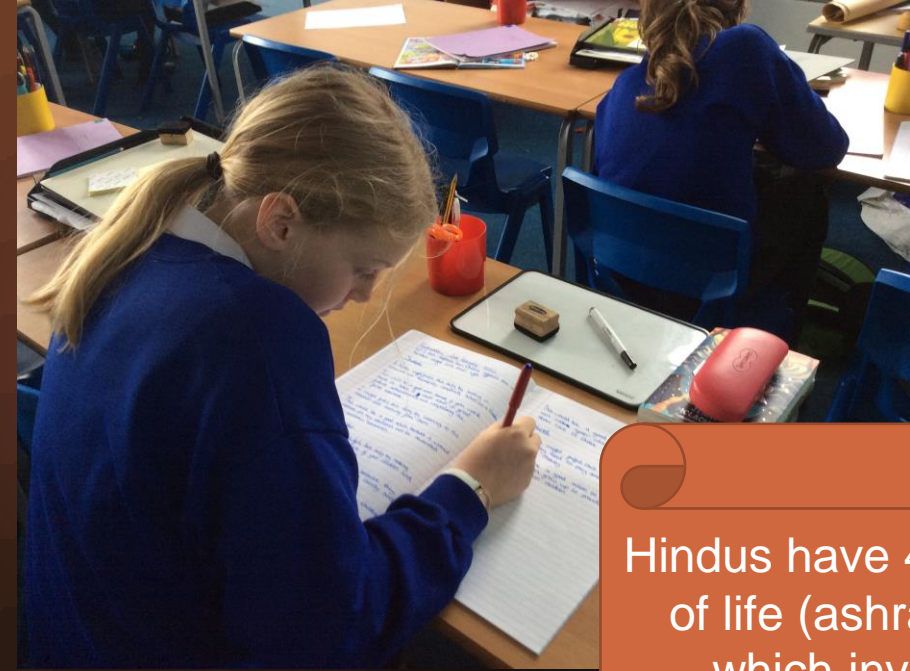




# I know how dharma can affected the way someone lives their life.



We looked at the duties we need to do in our life like keeping our bedrooms tidy.



Hindus have 4 stages of life (ashramas) which involve different duties (dharma).

Student, householder, retired, renounced. We needed to identify which duties would happen at each stage.

Student	Householder	Retired	Renounced
<ul style="list-style-type: none"><li>Learn from my teacher.</li><li>Study the vedas (which are the oldest sacred texts in Hinduism).</li></ul>	<ul style="list-style-type: none"><li>Worship God at my home shrine or at the mandir.</li></ul>	<p>(Note: you must wait until your children have grown up and will be able to live up and will be able to live</p>	<ul style="list-style-type: none"><li>Focus on Brahman.</li><li>Stop contact with friends, family and stop any unnecessary</li></ul>

A unit of work for upper KS2 Unit U2.7 Why do Hindus try to be good? © RE Today Services 2019 Only for use in p

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<ul style="list-style-type: none"><li>Accept money and food that others donate to my teacher and serve my teacher as well as I can.</li><li>Develop the correct qualities and values (such as being clean, humble, disciplined etc).</li></ul>	<ul style="list-style-type: none"><li>Study the holy texts and reflect upon teachings of wise people.</li><li>Earn money.</li><li>Look after my family and also give food to other humans and animals who are in need.</li><li>Serve guests with love and respect.</li></ul>	<p>without you before entering this stage):</p> <ul style="list-style-type: none"><li>Think about spiritual ideas.</li><li>Not own many possessions or money. Possessions and money that I used to own can be given to my children.</li><li>Think about the things that I have done wrong in the past and be properly sorry for them.</li><li>Go on pilgrimage</li></ul>	<p>contact with anyone else.</p> <ul style="list-style-type: none"><li>Rely on Brahman to protect me.</li><li>Teach others about the importance of focusing on Brahman and truly understanding about Brahman and atman.</li><li>Try to achieve moksha.</li></ul>
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I can talk about how Hindus' beliefs shape the way that they live their lives. To do this, I will use examples of at least two Hindu people that I have found out about.

We looked at the life of Gandhi and he experienced racism in his life but promoted non-violence. This is called Ashima.

Challenge! He was also racist to Africans!

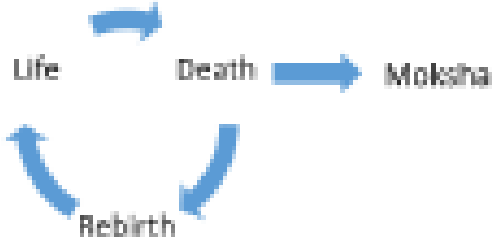
Sewa is selfless service to humanity. Service to God (in Hindu life, the gods and goddesses) may include worship. Service to humans may include giving money to charity or looking after those in need. Acts of sewa towards fellow human beings may be long, short, big, small, loud or quiet, but must always be selfless – acts of kindness without expectation of anything in return.

We watched a video of two Hindus – they were vegetarian because they believed Brahman is in everything and they must respect living things

We thought about the last time someone was kind to us.



# I know why Hindus try to be good.



Hindus aim is to return their atman to Brahman and therefore shorten/break their Samsara. They need to be good and fulfil their Dharma (duties) throughout their life to get them closer to achieving this.

Monday 14<sup>th</sup> February 2022 R+R  
Why do Hindus try to be good?

Brahman is like a god to Hindus. They believe that he is in everything. Hindus do not really think that Brahman is a god, more like a being that is above any type of god. Inside every living thing, Hindus believe that there is a spark of Brahman called atman. Atman is trapped inside something's body for more than one life time, but Hindus believe they can free it. According to Hinduism, there is a cycle of birth, death then rebirth called samsara. Samsara is linked with karma. Karma is cause and effect. If people are bad (or if they do not complete all of their duties - called dharma) they will not finish their cycle of samsara. If they are good in their life and do their duties they will achieve moksha, when samsara is over their atman will return to Brahman.

SA: I am confident with what Hindus believe.  
Fantastic understanding, great R+R  
To link Hinduism to other religions.  
(1hp)

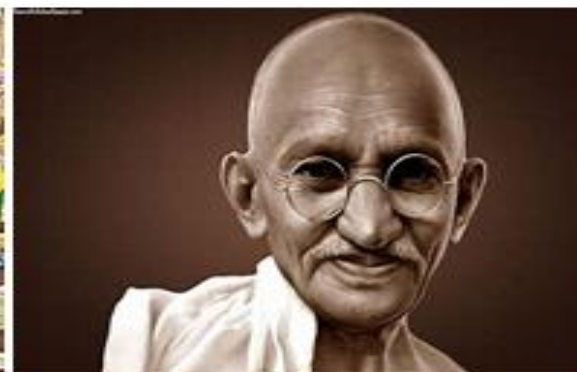


This means they can finally achieve Moksha and return to Brahman

We looked at all the traditions and believes most Hindus have to think about in the daily life – Brahman, Atman, Dharma, Karma, Samsara and Moksha.



What I have learnt in LKS2: they focused on the concept of Brahman/God in Hinduism.



### Facts within religion

Hinduism is very diverse, and so there is hardly anything that we can say 'all Hindus believe ...'

Gandhi came from a rich family but dressed like a poor Indian. He wore simple white cotton clothes that he made himself, even when he came to England to meet the King at Buckingham Palace.

Hinduism is the oldest of the six major world religions. It has no single founder but developed gradually over a period of time.

### Skills

Make clear connections between Hindu beliefs about dharma and ways in which Hindus live.

Explain Hindu beliefs in context, using technical terms accurately.

Give meanings for the story of the man in the well and explain how it relates to Hindu beliefs about *samsara*, *moksha*, etc.

### Exciting Books



### Our Endpoint

I understand why Hindus try to be good, through the unit

### Subject Specific Vocabulary

Karma	the law of cause and effect, and how actions bring good or bad karma
Atman	The eternal self - like a soul or spirit
Dharma	To Hindus this can mean their duty.
<u>Ashramas</u>	four main stages of life: student, householder, retired and renounced
Samsara	the cycle of life death and rebirth

### Culture Capital:

Including developing awareness of their own and others' beliefs, increasing ability to reflect on the impact of faith in people's lives, and an increasing desire to explore their own and others' views