

PE

Representing objects and actions through  
a dance phrase

# Taming Electricity

I can respond to stimuli, improvising freely using a range of controlled movements.

We had to improvise – which means to move without being prepared!

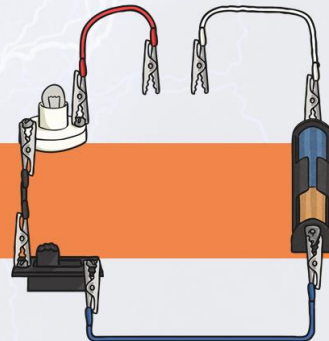
## From Bolt to Spark



Using the dance techniques practised earlier, improvise how you might move from a bolt of lightning to a tiny spark of electricity.



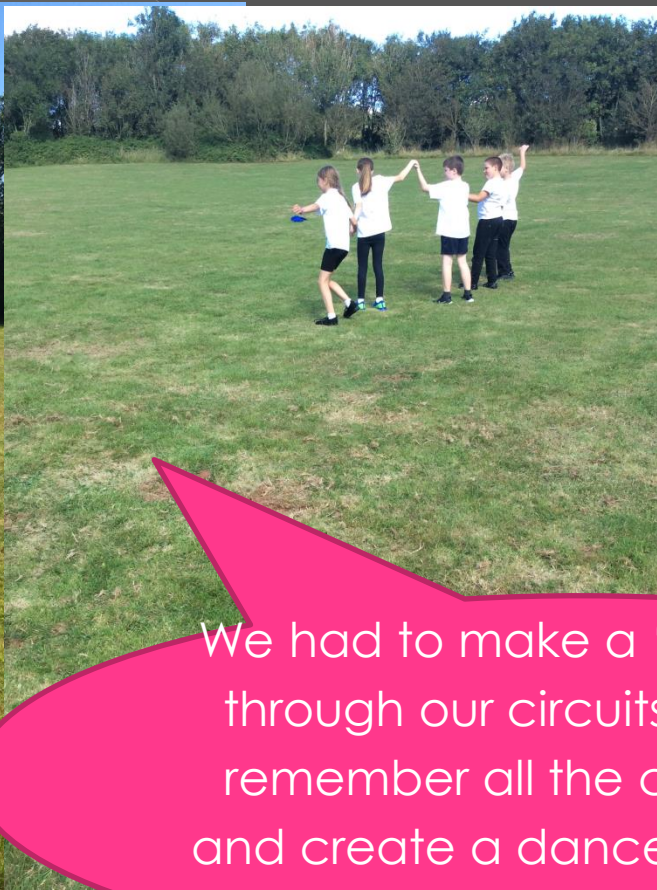
What happens if we complete these movements in unison?





# Circuits

- I can perform a variety of dance techniques with accuracy and consistency.



We had to make a 'current' flow through our circuits, we had to remember all the components and create a dance to represent them.



# Musical moves

I can work with a group to create appropriate dance movements to fit with different musical stimuli.



We put our moves together to make a dance phrase

Using the music we had to use the dance techniques create moves.

## Move to the Beat

What dance moves would best represent the beat you can hear?

### Repetition



Repeating a movement or a sequence of movements to add impact or effect.

### Isolation



Only one part of the body creates a movement and the rest of the body remains still.

### Tempo



Performing movements at different speeds.

### Levels



Performing a routine or motif at a high, medium or low level/height.

### Dynamics



Different ways of performing the movement, e.g. jagged, jerky, smooth, heavy, light.

### Jump/leap



Any style of jump or leap at any level and in any direction.

I can represent objects and actions through a dance phrase.

# Power House

## Welcome Home

Home time! You walk in the front door, plonk your schoolbag down and...

Come up with a mime that represents what you would do next.

Remember to use your whole body, thinking about your dance techniques!



We were using precision and control to communicate our ideas through dance.

We created a motif to represent a room in our house and how an object would power on within a room.





# The Journey of a Spark

I can select and use a range of movements to create a dance phrase that demonstrates my ideas.

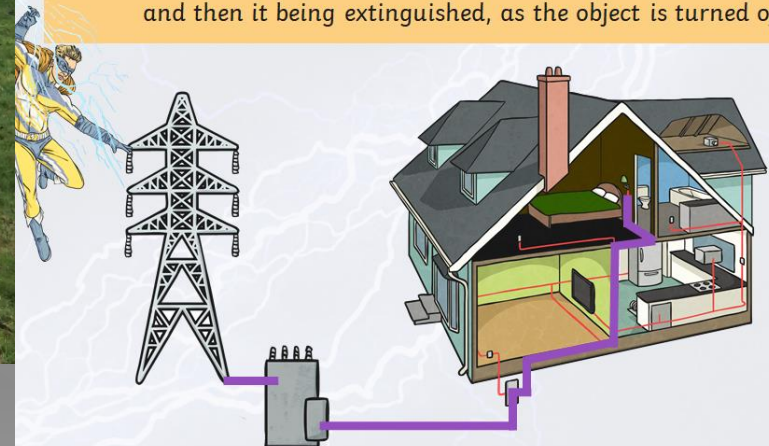
I enjoyed using dance to tell a story.



## The Journey of a Spark



You will be creating a dance phrase about the journey of a spark, from a strike of lightning, the way it travels down a wire into a home, a device and then it being extinguished, as the object is turned off.





I can suggest and make improvements to my group's dance phrase, based on peer feedback.

# Sharing the Spark

We had to assess other group dances, this helped me to improve my own dance techniques

## Sync It



Your dance needs to flow from one motif to the next. Have a think about how you could transition; here are some ideas:

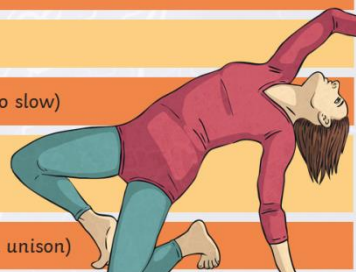
Stand still in a neutral position

Change level (e.g. low to high)

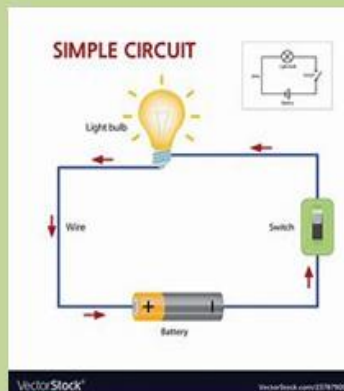
Change tempo (move from quick to slow)

Change dynamic (change jagged movements to smooth ones)

Move in unison (or stop moving in unison)



What is looked like in LKS2: • Responding to stimuli. • Developing movements into a motif. • Developing a simple sequence with a partner.



### Forever Facts

Dance is a form of performing arts

It is important to warm up and cool down before and after exercise

Stimulus involves what we hear, see, move, touch and our ideas

### Exciting Books



### Our Endpoint

I can represent objects and actions through a dance

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### Subject Specific Vocabulary

Precision

A movement that is exact

Accuracy

A movement that is correct or precise

Stimuli

Movement that has responded to an activity

Improvisation

a movement that is created spontaneously or without preparation.

Fluency

Ease of movement

### Skills

To be able to move with precision, control and fluency

To cooperate in a small group or with a partner

To plan different approaches to defending and attacking

### Culture capital

- To be able to create a sequence of movements in character, using interlinking actions.
- The real life knowledge that links is: hearing the beat in music, body control, collaborating with someone else.
- The jobs it can be used in are: professional dancer, actor, choreographer.