



Class Tamar

PE

Maypole Dancing

We learnt and practised the basic skills needed for Maypole Dancing: skipping in time with each other!



We all worked well as a team to make sure that we stayed in time with each other.

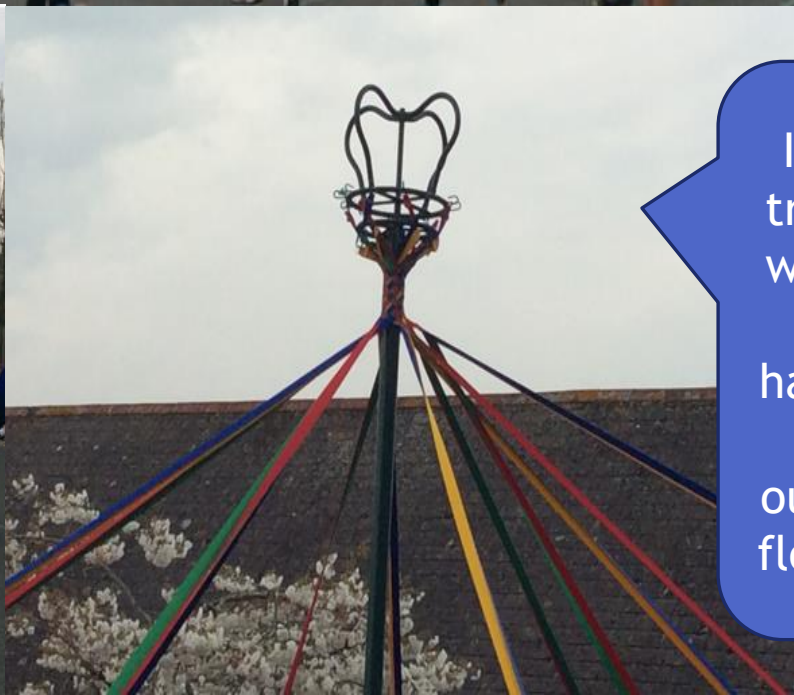
We learnt how to perform
a Barbour's pole!



We had to
make sure that
nobody was
overtaking
each other and
we all started
in the right
direction.



We learnt how to
perform a Double
Plait.



It was really
tricky to start
with but once
we got the
hang of who is
inside or
outside first it
flowed better!

What I have learnt before:

Dance: I know how to copy and remember actions in a sequence. I can begin to move with increasing control and care. I know how to make a short dance sequence by putting some movements together.

**Forever Facts**

Maypole dancing is a tradition on May Day.

The British May Day tradition of dancing around a maypole is around 600 years old and the activity often brings communities together.

The dance creates a multi-coloured pattern which creeps steadily down the pole. The dancers then reverse their steps to undo the ribbons.

Skills

Move in an increasingly coordinated way.

Show increasing control in balance and agility.

Refine movements into increasingly complex sequences.

Cooperate with others to form sequences.

Culture capital: Team work – collaborating with others to create a dance sequence. Listening to the music and having control of their movements. Jobs this could be used in: choreographer, performing arts.

Exciting Books**Our Endpoint**

To perform a maypole dance as a group.

Subject Specific Vocabulary

timing

In dance, timing refers to moving to the beat of the music.

space

Space refers to the space through which the dancer's body moves (general or personal space, level, size, direction, pathway, focus).

fluency

The ability to do something in a way that seems very easy e.g. a dancer known for their fluency and grace.

routine

A routine is a short sequence of movements that forms part of a longer performance.

turns

A turn is a rotation of the body.

clockwise

The same direction as a clock's hands: from the top to the right, then down and then to the left, and back up to the top.

anti-clockwise

The opposite direction to a clock's hands: from the top to the left, then down and then to the right, and back to the top.