

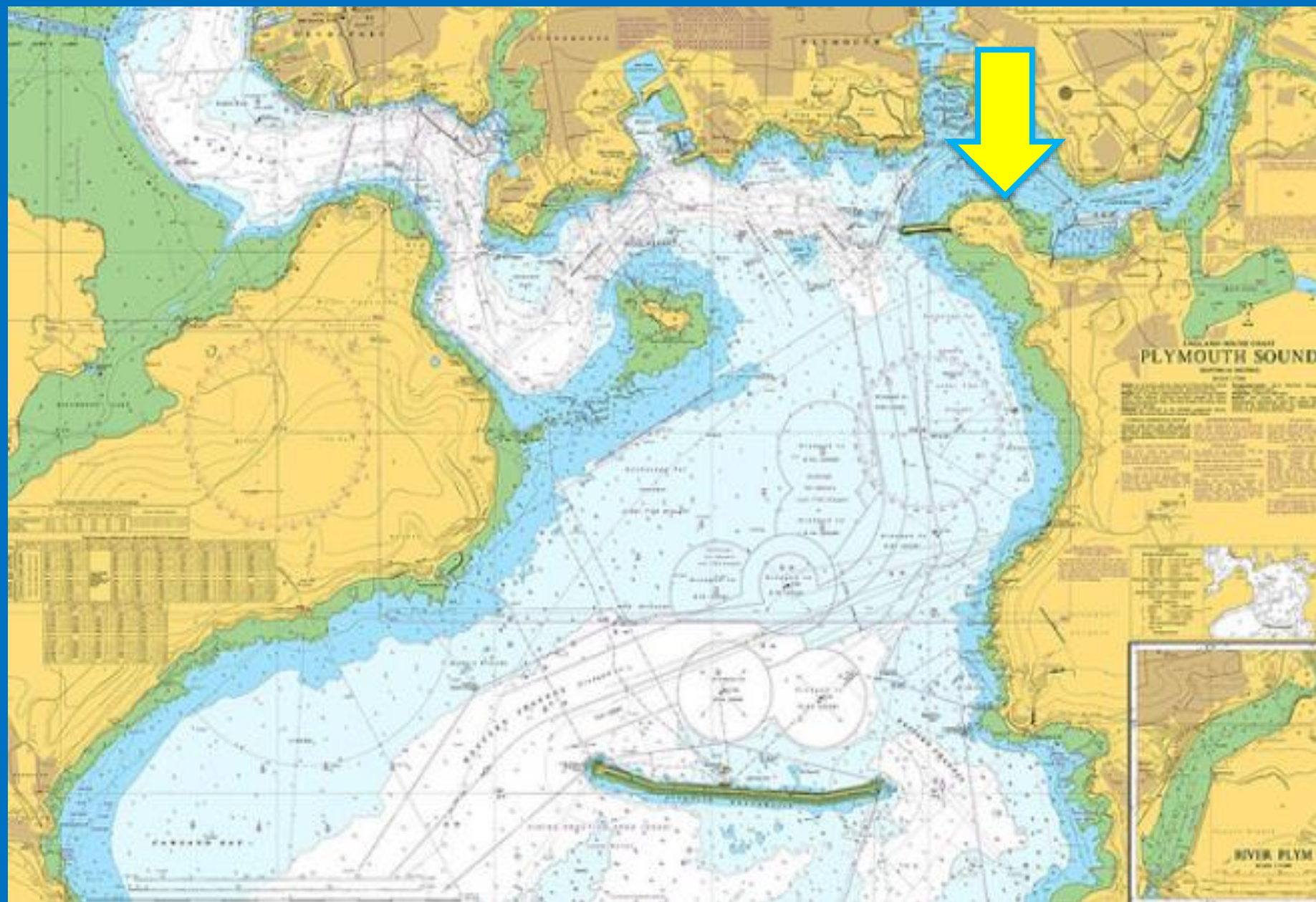


Fourlanesend Adventurous Activities Trip 12 – 14 July 2022

What's it all about?

- Outdoor activity skills
- Learning outside the classroom
- Personal organisation and challenge
- Most importantly **FUN!!!**





The Mount Batten Day

- Arrive at Mount Batten & meet instructors
 - Morning Activity
 - Lunch (eat lots!)
 - Afternoon Activity
 - Review
 - Evening Activity
 - Sleep!

Activity Programme

NB subject to change due to weather, tides etc

	Tuesday			Wednesday			Thursday	
	AM	PM	Eve	AM	PM	Eve	AM	PM
Group A (12)	Funboat Sailing		The Great Egg Race	Kayaking	Climbing	Marine Biological Association Plankton Study	Bellboat	Giant Paddleboard
Group B (15)	Kayaking	Climbing		Funboat Sailing				



Kayaking



Boathouse Climb



Funboat Sailing



Giant SUP and Bellboating



Evening Activities – Great Egg Race & Plankton Study



What you will need to bring – for activities / overnight stay

- Packed Lunch/Easy to eat snack/Drink(s)
- Old trainers & socks (for getting wet)
- Thin tops (avoid cotton) & fleece jumpers
- Tracksuit bottoms or other long trousers (No jeans) Shorts ok if hot but beware of sunburn!
- Swimming costume, TOWEL
- Hat (fleece or sun hat / cap)
- Sun cream
- Overnight clothing – toiletries, pyjamas, medicines etc

Staying at Mount Batten



➤ Bring Packed Lunch for the first day

➤ Meals are then provided from Dinner on First Day through to Breakfast and Packed lunch on departure day

➤ Bedding is provided – but you need your own towel!

➤ Shared cabin rooms



Any Questions???

