|  |
| --- |
| Cup Shaped Hands Catching Ball Striking and Fielding Cricket PlanIt PE KS2*PE* FLE Y3/4 Multi-skills |
| Striking &amp; Fielding - Rushcliffe Arena -May 2018 HT - Thu 31st May   |
|

|  |
| --- |
| **Skills** |
| To strike a ball with intent to advance a game. |
| To choose and use a range of strategies for striking and fielding. |
| To develop strategies to catch and return the balls to advance the game. |
| To develop the accuracy of their throwing skills at targets. |
| To develop the accuracy of their catching skills with a bean bag and a ball. |

|  |
| --- |
| **Forever Facts** |
| Understand the importance of rules and fairness. |
| Understand what effects exercise has on our bodies. |
| Understand the importance of warming up and cooling down. |
| Understand how performances can be improved through practise and reflection. |

 |

|  |
| --- |
| **Exciting Books** |
|  |
|
|
|

Our EndpointTo demonstrate an understanding of the key skills learned. |

|  |
| --- |
| **Subject Specific Vocabulary** |
| under arm | Underarm throw involves a backward-forward swing of the hand to release a ball. |
| strike | To hit the ball forcibly and deliberately with the bat. |
| tactic | An action or strategy carefully planned to achieve a specific end. |
| fielding | An attempt to catch or stop the ball and return it after it has been hit by the batsman or batter. |
| cupped hands | To shape hands into a cup to catch the ball. |

**SMSC**: *Spiritual – students are continually encouraged to be creative and use their imagination. Moral - students are regularly working together in groups. Social – working collaboratively to use both their skills in a range of different contexts. Cultural – students are regularly encouraged to appreciate a wide number of cultural influences.*·        |