

# PE and School Sport Action Plan Fourlanesend CP School 2018–2019

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £8000-£9000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Total Funding allocated -
Lead Member of Staff – Richard Wilde	2018/2019	Governor responsible – Helen Marks
Total fund allocated - £20,717		



Key achievements to date:	Ar	reas for further improvement and baseline evidence of need:		
<ul> <li>Increase in the number of different sports offere curriculum time and after school.</li> <li>Extra-curricular coaching delivered within the so day to enable those children unable to particip club and teams after school to have the opport.</li> <li>The Wild Tribe leaders in both key stages have successfully achieved outdoor first aid qualifica.</li> <li>The Football team were involved in the selection the new team kit. They were overjoyed and loo forward to representing the school.</li> <li>To ensure there is continuity and progression in the delivery of curriculum PE and there is an engage broad and balanced curriculum in place. Implementing the Arena SOW and assessment.</li> </ul>	<ul> <li>To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrood and ensure a range of programmes are on offer.</li> <li>To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.</li> <li>To deliver outdoor learning programmes to engage reluctant writers/mathematicians through learning in the outdoors.</li> <li>To deliver a Successful alternative sports day</li> <li>Subject Leader in PE - awarded subject leader accreditation and this has supported the leadership of PE.</li> <li>Playground leaders introduced to ensure active playtimes</li> <li>To upskill pupil leaders within the school to promote health and wellbeing</li> </ul>			
Key Indicator 1 : The engagement of <u>all</u> pupils in re school children undertak		ctivity – Chief Medical Officer g utes of physical activity a day		
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps	
To purchase equipment to increase activity at playtimes and lunchtimes. <b>To support playground</b> <b>leaders and ensure children are active</b> . Purchase of equipment for outside PE to support the delivery of <b>the PE curriculum to ensure children</b> <b>have access to a high quality experience in PE</b> .	£ 500 £1500	Equipment purchased and used to support delivery of physical activity.	Continue to train playground leaders to ensure delivery can continue. Maintain a log of equipment and put a replacement budget in place.	



Continue with wake and shake but <b>extend it to</b> <b>10mins a day</b> and <b>introduce break and shake</b> as a daily physical activity <b>to form part of the menu for</b> <b>30 active minutes for children. Both incorporating</b> <b>the 5-a-day-fitness programme.</b>		There will be an increase in the number of pupils physically active and engaged on a daily basis in the playground.	Encourage the children to develop the dance routines to include more stretches and moves that increase the heart rate
Develop a 30 minute timetable to include all activities which are delivered by playground leaders.		Active Timetable successfully introduced which children have supported in developing.	Ensure there is a rotation of activities to continue to engage the children.
Investigate imove as a tool to raising standards in all curriculum subjects and <b>engaging children in active</b> learning	£1000	Active curriculum being delivered across the school in all classes	Review active maths programme and extend to active literacy. To monitor the use of these programmes.
Use Absolute coaching to record and monitor the children's participation in clubs and sports festivals.	£200	Monitor the attendance of clubs and children who attend. Implementing more clubs and encouraging those least likely to attend	
5 a day fitness	£252	Contributing to active 30	Review the clubs and attendees. Sports governor meeting to review.



To introduce sugar smart leaders. To raise the profile of leadership across the school. Increase the opportunities for younger peers to get active through different opportunities and games.	£300		
Key Indicator 2 : The profile of PE and spo	ort being raised a	cross the school as a tool for w	hole school improvement
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leaders with the support of the MTAs and PE lead	Co-ordinator time	Class Lynher Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Continue to provide sports leadership opportunities for children. UPDATE: Class Lynher are going to lead an assembly to introduce this to the school
To further develop sports council representatives (2sports reps) within the school council/ensure that there is an agenda point within the current school council system, for the school to raise the profile of PE and school sport. Provide the school council with £250 budget with the aim of increasing physical activity.	Working with school council £250 Arena membership	School council sports focus. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.	Continue to develop and extend opportunities for the sports council whole school. UPDATE: Sugar Smart course delivered to Yr5/6 who are now developing playground activities, timetables and competitions
To investigate and coordinate with the English coordinator about: 1 x literacy days for reluctant writers in year 1 to engage children in the writing process through physical activity in the outdoors	£300	The aim would be to have 2 days delivered with every child having produced a piece of writing and	This would ensure a continuing of the up skill staff in the delivery of active classrooms and learning in the outdoors.



Further development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Ensure the website and school weekly newsletter is updated with school sporting achievements. Celebration assemblies to recognise and reward achievement in PE and school sport.	Liaise with the Secretary. PE lead time. Sports Reps news reporters <b>Resources</b>	teachers inspired with a tool kit of ideas to continue to deliver literacy activities outdoors. Whole school improvement link – engaging reluctant writers. Celebration assemblies delivered weekly with a focus on achievement in PE and school sport which has raised profile with parents and pupils.	Continue to find interesting and innovative ways of celebrating sports achievement. Investigate the possibility of PE awards. Encourage staff to award values certificates for PE lessons and Sports involvement. Create a wall of achievement to celebrate internal and external sport.
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Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps	
Attendance at the PE sports conference	Arena membership £50 Arena Supply- £200	Development of PE implementation and leadership	Continue to support the development of subject leadership whole school.	
Attendance of 4 day PE subject leaders training	Supply £432 £425 course cost		To continue to improve the PE in the school	
Employment of a specialist coaches to upskill staff and deliver PE and school sport.	£4050 (Arena)	Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum. Develop our netball and tag rugby teams to ensure we are competitive ensuring the children are proud and excited to represent our school	Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.	



Subject leader monitoring day	Supply cover £216	To monitor and observe effective delivery and assessment of the PE curriculum.	Update in 3 years. Be aware of changes in first aid.
Wild Tribe teachers trained in Outdoor First aid	£105 course cost	To ensure safety of pupils on outdoor education and off- site outdoor activities	
WildTribe course – Develop outdoor learning	£215	(beach)	
SpinDrift Dance – To develop Dance CPD and delivery of lessons to raise standards of dance across the school	£1665		
Gymnastics CPD - To develop Gymnastics CPD and delivery of lessons to raise standards of gymnastics across the school	£1500		
Arena Memership	£500		
WildTribe Conference 12 <sup>th</sup> March	£200 supply		



Key Indicator 4 : Broader exp	perience of a ran	ge of sports and activities offer	ed to all pupils	
Intended Actions with impact on children Funding allocated Evidence and impact Sustainability and next st				
Delivery of alternative sports day to introduce fencing, ultimate Frisbee.	£300	After a successful day delivered the idea would be that a sport is going to be developed as an after school club.	Continue to broaden the range of alternative sports delivered.	
Outdoor adventure activities to be delivered in the summer term.	£500		Wider range of opportunities will continue to be offered to engage disengaged pupils.	
Martial arts(pending)/Archery clubs set up to engaged children who do not engage in team sports. To target girls and KS1 in the develoment of new clubs		New club set up to engage children who prefer non games based sports. Increase in the number of girls attending an after school club.	Needs of target groups continue to be addressed.	
Provide football training with links to the local football team – Plymouth Argyle	£392	Continued enjoyment of K\$1/2 children in football		
Targeted clubs – Gymnastics (Girls) Multi sports Athletics	£1900	A range of clubs lead by a PE specialist ensuring progression	Increased participation of clubs by girls and KS1	



Spindrift Dance Club	£350		
Key Indicator :	5 : Increased part	ticipation in competitive sport	·
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To organise and compete in the local cluster competitions/tournaments		Working in partnership to increase participation and success in competition.	Year on year increase of the number of children taking part in competition. School participated in a Tag Rugby tournamnet and
Investigate entry into open level 2 competitions.		% increase in the numbers of pupils participating in	Netball tournament
Introduce Arena monthly challenge.		competitive opportunities within school.	% increase in the number of children taking part in level 2 and 3 competitions.
Investigate Intra competitions – development of competitions within class groups and key stages		% increase in the numbers of pupils participating in competitive opportunities against other schools.	
Cornwall Primary Schools FA	£20	Organise home and away matches with local schools in a league system	
Rounders membership	£45		
Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.	£1600 This is to be covered by curriculum	Children should be able to swim 25 metres. This isn't comparable on a yearly basis as swimming is a skill developed at different	Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.



		rates and it would be to compare cohorts.	unfair	
Meeting national curriculum req	uirements for swimmi	ing and water safety		Please complete all of the below:
What percentage of your Year 6 pupils could s distance of at least 25 metres when they left y				
What percentage of your Year 6 pupils could u front crawl, backstroke and breaststroke] when academic year?				
What percentage of your Year 6 pupils could p situations when they left your primary school a	d			
Schools can choose to use the Primary PE and swimming but this must be for activity <b>over and</b> Have you used it in this way?	Yes/No			
Total funding - £20,717	Total funding allocat	ted to date – £ 16967	Total fur	nding to be allocated - £1750



Areas highlighted in yellow are to be carried over to 2018-19