Cremyll Class PSHE: Spring 1

Goals and dreams

Piece 1: New Years Resolutions

I want to help my mummy to tidy.



A resolution is when you decide to change something or do something different, I'm going to try to walk to school everyday.

New Year's Resolution Stars

Piece 2 & 3: Treasure Chest

of Success







Success is when you have done something that you were trying to do.

I was successful at my 99 club.

Piece 4 and 5: Goals and Ladder of Success



I want to be better at basketball.

It is the small steps you need to achieve to reach your goal.

You think of your goal and then plan on what you need to do to achieve it.

One step would be to practise bouncing the ball. Then the next might be to move while bouncing the ball. So that I can be better at basketball.

Piece 6: Dreams



A dream is something that you may not achieve but is something that you aim for anyway.

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A dream is something you hope will happen.

My goal is to be good at football. My dream is to be a famous footballer.