

PE GAMES 2

SPRING 2

2023

PLYM



CAN YOU MAKE A SCARF, BEAN BAG AND LARGE BALL MOVE IN DIFFERENT WAYS?



The ribbon is easier because it's long.

The ball is harder because I can't hold it with one hand.



I CAN YOU SEND AN OBJECT TOWARDS A TARGET/PARTNER.



When I stand too close and throw it, my partner can't catch it!



It's easier to pass the ball sitting down or it keeps rolling away.



I can't role the bean bag through the gate but I can throw it.



CAN YOU HIT A TARGET WITH AN OBJECT?



It was very cold today so we did a democratic vote and decided to stay inside.



I hit the target three times!



Underarm doesn't go as far.



Ohhh I didn't hit it that time. I'll try again.



CAN YOU PAT AND BOUNCE A LARGE BALL

It nearly
bounced
and hit me
in the face!

I have to
push a bit or
it doesn't
bounce
enough.



CAN YOU SEND AND RECEIVE A BALL ?



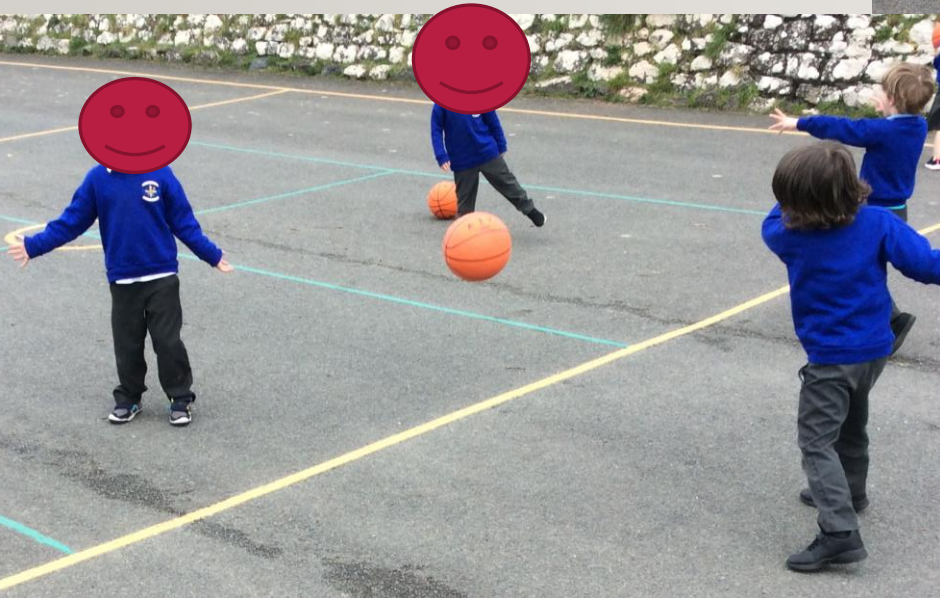
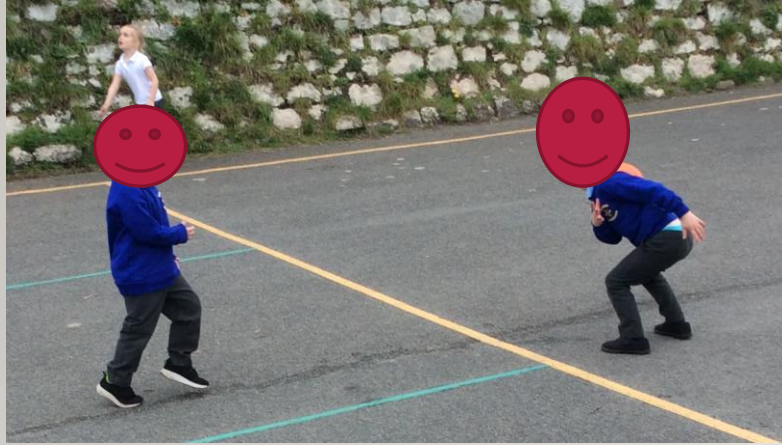
Look, I can
pass it to my
partner!



When I look
at it, it is
easier to
catch.



CAN YOU USE YOUR NEW SKILLS IN A GAME?



**What I have learnt before:**

- We need to warm up before exercise to protect our body.
- We can hold out our arms to help us balance.
- I know to keep my eyes on the ball when bouncing it to improve accuracy.

Forever Facts

I know that exercise is good for my body and helps to keep me healthy.

If I move closer to the passer, it will be easier to receive the object.

When I breathe heavier during exercise, it is my body taking in more oxygen.

It is easier to receive a ball using two hands.

Skills

If I look where I want the ball to go (the target), it will be more accurate.

Throwing with two hands instead of one, will help accuracy and control.

When rolling a ball, the underarm technique is more accurate.

Endpoint:

I Can apply my new ball skills to a game situation?

Exciting Books**Personal Development**

- To know that exercise is important for our body to keep us healthy.
- Working collaboratively with others.

Subject Specific Vocabulary

Directions

The path that something travels or points: left, right, up, down.

Receive

Take into possession something delivered (sent, passed).

Underarm throw

Applying a pushing force to an object where the arms go back and then forwards again but do not go above the head.

Passing (a ball)

Giving the ball to someone else.

Target

A mark to shoot at/aim for.

Oxygen

The air you breathe contains a life-giving gas called oxygen.