|  |
| --- |
| PE FLE Y1/2 Hockey |
|    Our Endpoint To take part in a mini hockey tournament. |
|

|  |
| --- |
| **Forever Facts** |
| Regular sport and exercise help us to stay healthy. |
| The aim of the game is to score goals past the opposition’s goalkeeper. |
| A competitive game is usually 70 minutes, in two halves. |
| The team with the most goals wins. |
| The foot of the hockey stick has a flat side and a curved side. |
| The ball must be hit with the flat side of the hockey stick. |
| In competitive field hockey matches, players wear shin pads and a gum shield for protection. |
| Goalkeepers are heavily padded to allow them to block the ball with their body if they need to. |
| Common fouls include raising the hockey stick above waist height and striking an opponent or their stick with your stick. |

 |

|  |
| --- |
| **Exciting Books** |
|   |
|
|
|

 |

|  |
| --- |
| **Subject Specific Vocabulary** |
| field hockey | A sport played on a grass field with a ball by two teams of eleven players |
| exercise | to be physically active |
| control | to be in charge of your body movements |
| coordination | the ability to use different body parts together smoothly |
| balance | The distribution of weight to ensure that we are able to stand upright and steady  |
| defend | Preventing someone from passing or dribbling the ball or scoring. |
| attack | Dribbling or passing the ball in order to create an opportunity to score. |

|  |
| --- |
| **Skills** |
| Explore different ways of moving a ball. |
| Understand the importance of stopping a ball. |
| Talk about how to exercise safely. |
| Begin to understand some concepts of game. |
| Begin to show some understanding of simple tactics. |

 |
| **SMSC****Social –** Cooperating well with others **Spiritual –** Sense of enjoyment and fascination in our learning**Cultural –** Willingness to participate in sporting opportunities |