

# Cremyll Class

## Summer 1: 2022

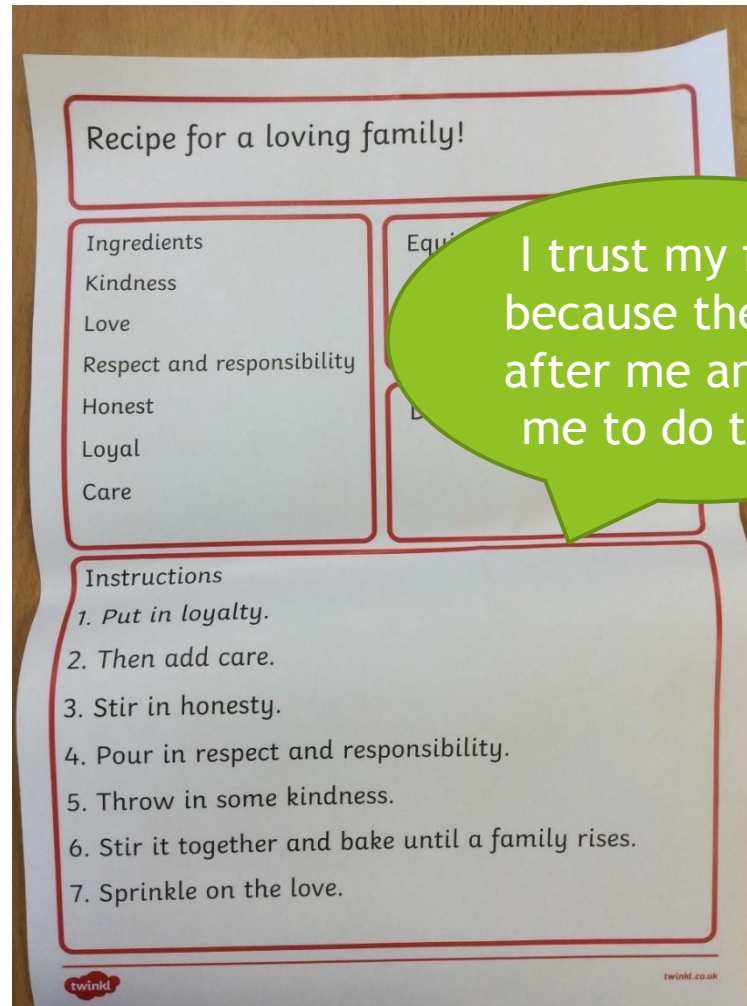
PSHE: Relationships



# Family recipe: What makes a family?

When I do the wrong things we talk about how to make it better.

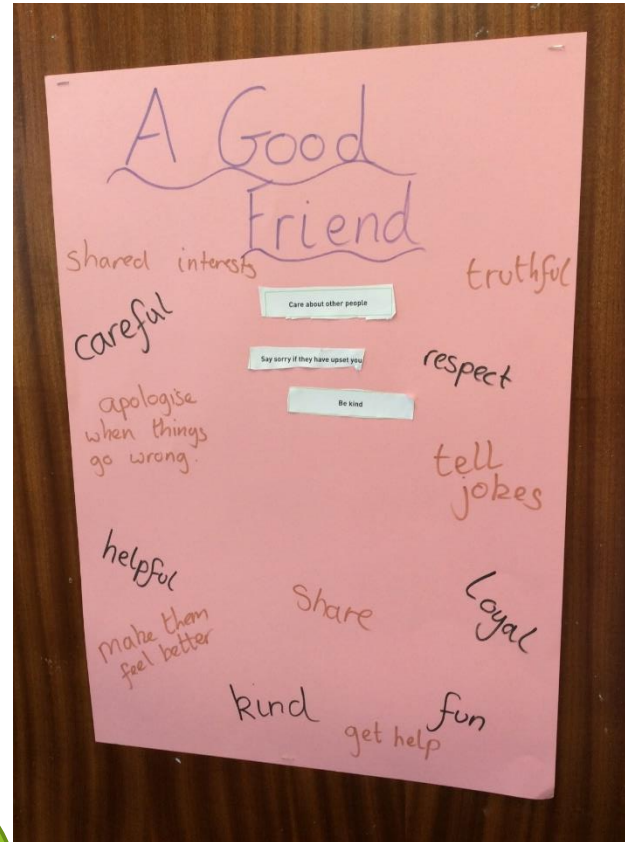
I feel safe with my family.



I trust my family because they look after me and help me to do things.

# What makes a good friend

If I don't know how to make it better we can ask a trusted adult to help.



It's ok when your friend does the wrong thing if they say sorry and try not to do it again.

I know my friends like to spend time with me but I get angry when they do the wrong thing.

# What are good secrets and bad secrets to keep. Who can we trust?



Good secrets are ones that people might know about in the end.

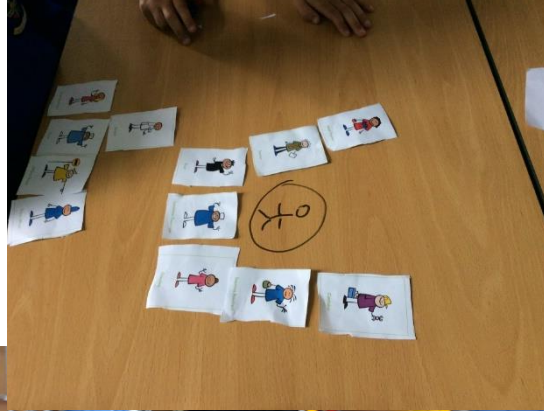
Worry secrets make you feel bad and worried about how other people might feel.

If someone asks you to keep a worry secret you should tell a trusted adult so they can help.





# What is trust and who can we trust to help us?



When you work with someone or play with them you need to trust them!

Trust builds up. When people help us and do what they say they will we learn to trust them

When people lie or upset us we start to lose trust in them.