

PSHE - RELATIONSHIPS

CLASS PLYM

SUMMER I 2023



I CAN IDENTIFY SOME OF THE JOBS THAT I DO IN MY FAMILY

My mum does all the cooking and my daddy changes the beds. I have to put my shoes away and hang up my coat.

In my house it is my job to tidy up my own mess and get myself dressed.



I KNOW HOW TO MAKE FRIENDS TO STOP MYSELF FROM BEING LONELY



The girl looks:
frightened;
upset; terrified;
alone; lonely;
upset.



My new buddy I am
making has kind
hands, a friendly
smile, not hitting
hands, hugging arms
and lovely eyes.

If I am by myself I
can go and ask
someone if I can
play their game.



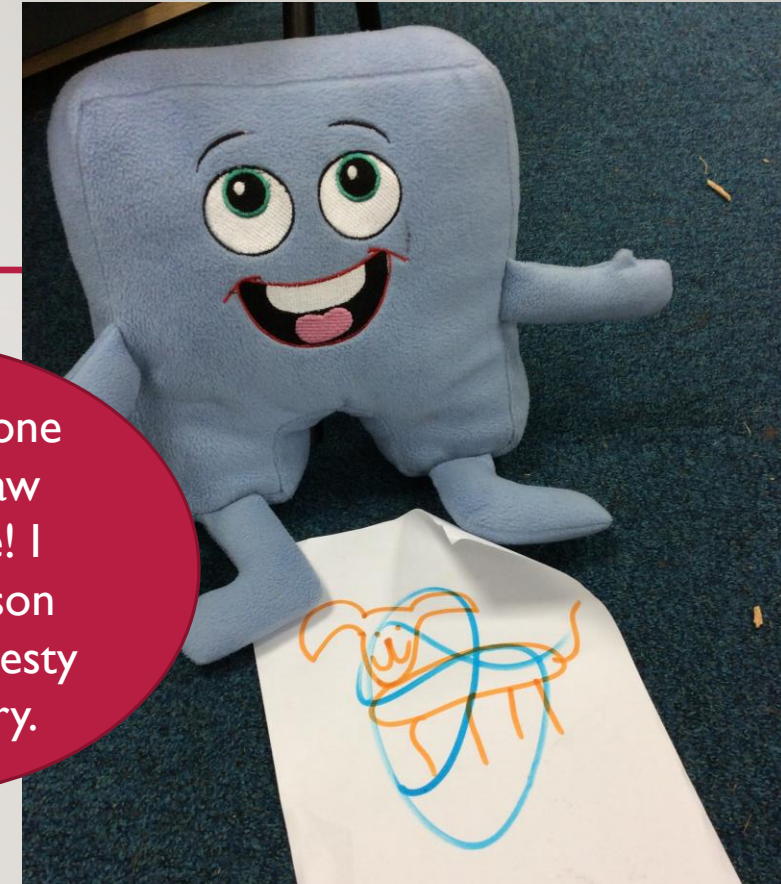
If I see someone
by themselves I
can go and ask if
they want to play
with me or if they
want a hug.

I CAN THINK OF WAYS TO SOLVE PROBLEMS AND STAY FRIENDS

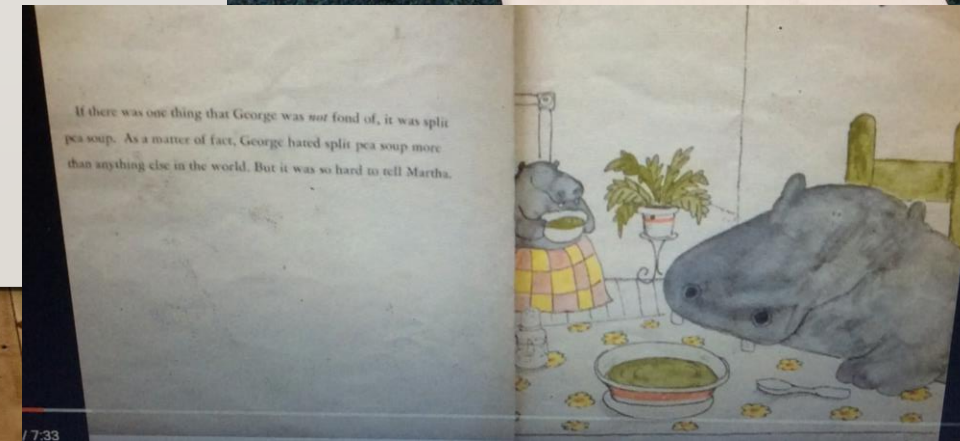
If I fall out with someone I could hug them, tell them I love them, say sorry or go and try again later.



Oh no! Someone drew on Jigsaw Jene's picture! I hope the person uses their Honesty and says sorry.



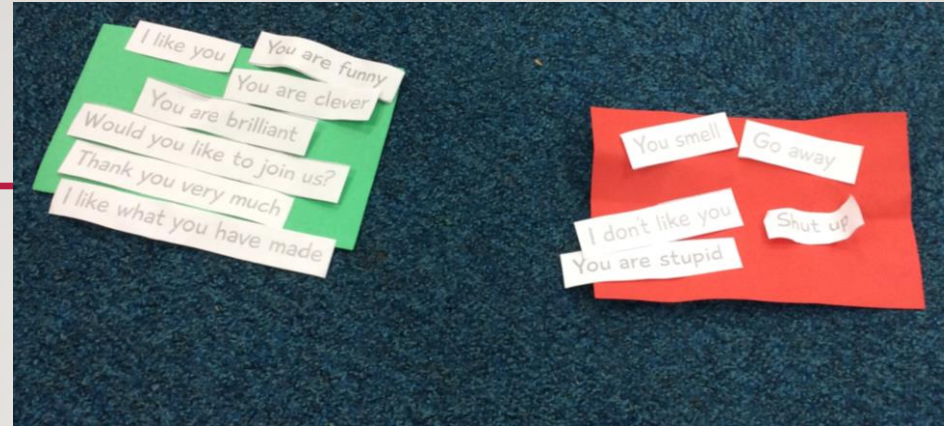
They didn't fall out, George used his Honesty and said he didn't like the soup. He didn't get mad and hit.



I AM STARTING TO UNDERSTAND THE IMPACT OF UNKIND WORDS



I would feel furious and upset if someone said I smell.



It feels nice when people tell me I have done a good job.

You are funny
You are clever
You are brilliant
Would you like to join us?
Thank you very much
I like what you have made

You smell
Go away
I don't like you
You are stupid
Shut up

The bubbles can't go back in the tub like bad words can't go away once they are said.



When someone calls me stupid I don't want to carry on and I want to give up.

I AM LEARNING HOW TO MANAGE MY FEELINGS

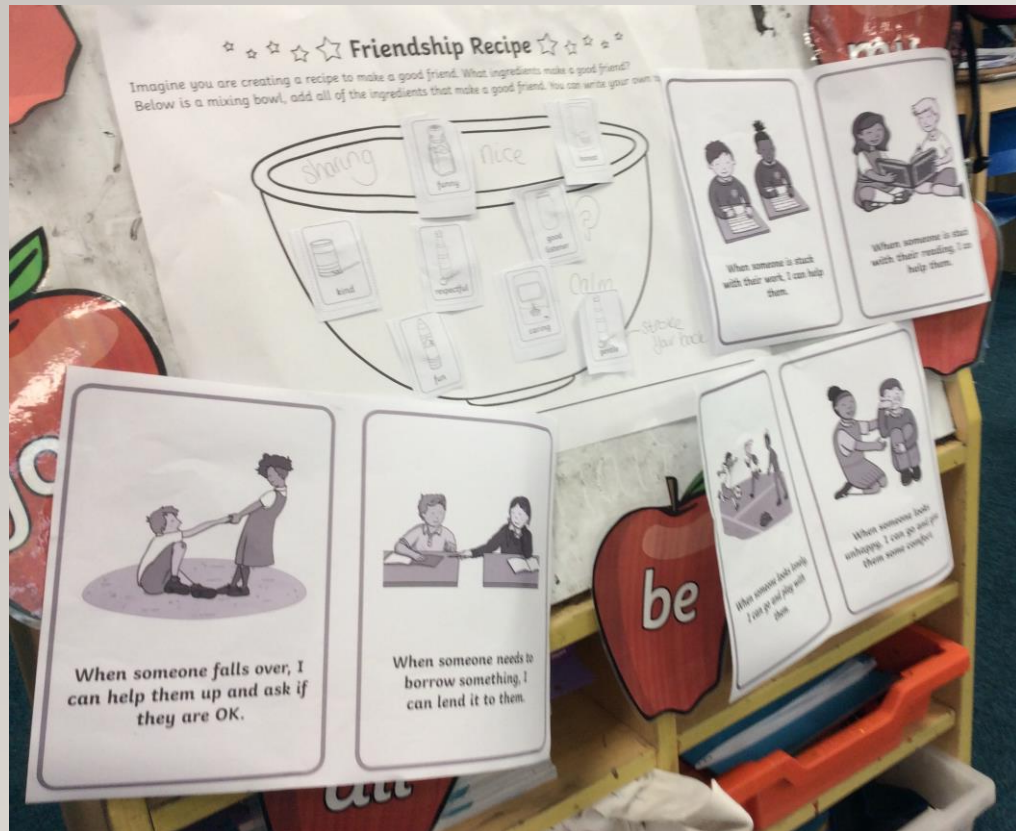


We watched a video of a child red faced, shouting and throwing things. He was ignoring his mum asking him to tidy his toys up.

He could do some rainbow breathing to get calm; he could listen to some music; he could have a nap; he could cuddle his favourite toy; he could clench his fists and let them go five times.



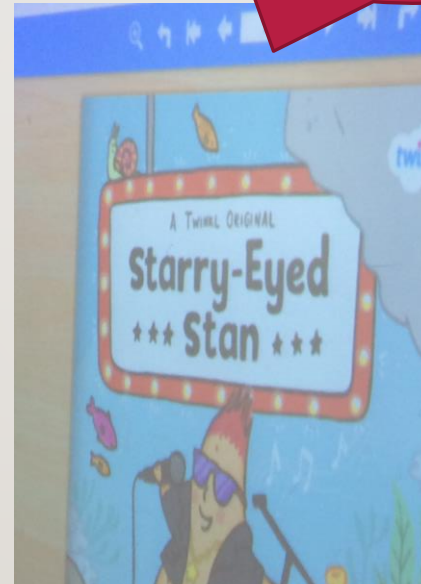
I KNOW HOW TO BE A GOOD FRIEND – A FRIENDSHIP RECIPE!



Stan wasn't a good friend in the beginning, he wouldn't teach everyone to sing like him. But after people used their kindness and helped him, he decided to be a better friend.

I think a friend should be someone who is a good listener because I get cross when people don't listen to me.

I like a friend who comforts me and rubs my back when I am upset or hurt.



I think I am a good friend; I help people a lot and use my kindness and respect value.

