



PE

Country Dancing - Maypole

This term we learnt how to do Maypole dancing

We learnt how to do the Barbour's pole and spider web, it involves a lot of coordination!

We had to use skills to weave in and out of other whilst skipping.



What I have learnt before: Dance creating a movement phrase based on electricity

Cultural capital

The real- life knowledge that links is: to work effectively as part of a team, body control and movement, hand-eye co-ordination, teamwork. The jobs it can be used in are: professional dancer, fete organiser.



Skills

Show growing awareness of space

To use coordination and collaborative skills

Work within a team, with less focus on self.

Forever Facts

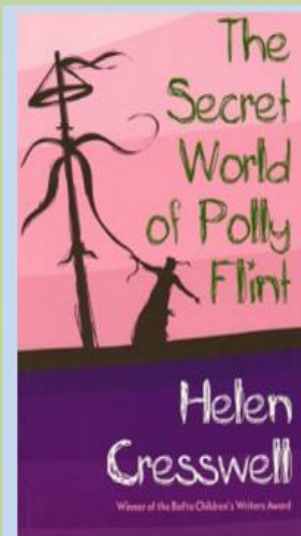
May pole is a large pole with ribbons attached that people traditionally dance around.

It is traditionally held on May Day.

It is believed to have started around 2000 years ago in Roman Britain when they celebrated the arrival of Spring by dancing around decorated trees.

John Ruskin, in 1881, created the dance we know and use today.

Exciting Books



Subject Specific Vocabulary

Precision	A movement carried out accurately.
Unison	Performed at the same time.
Space	Having an area that's free of obstruction or awareness of obstruction.
Weave	Movement in and out of each other creating a pattern.
Coordination	To use our bodies and space around us in an efficient way.

Our Endpoint

I can take part in a maypole dance using coordination and precision