**PE and School Sport Action Plan**

**Fourlanesend CP School 2018–2019**

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding -** Individual schools will receive circa £16K-17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

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| **The total funding for the academic year** | **2018/19** | **Total Funding recieved – £16,870** |
| **Lead Member of Staff – Richard Wilde** | **2018/2019** | **Governor responsible – Helen Marks** |
| **Total fund allocated - £13,053.50** |  | |

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| **Key achievements to date:** | **Areas for further improvement and baseline evidence of need:** |
| * All teachers upskilled in the teaching of Dance * Increase in the number of different sports offered in curriculum time and after school * Successful alternative sports day delivered (July) * Successful delivery of outdoor learning programmes to engage reluctant writers through learning in the outdoors. KS1 Wild Tribe writers day * Initial implementation of Active 30 * Invested in a program which collects participation data and used to analyse club attendance * Sugar smart leaders course delivery successfully completed - upskilling pupil leaders within the school to promote health and well-being. | * To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place. * To continue to introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer. * To further improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity. * To further upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity. * To use the Sugar smart leaders to to ensure active playtimes and delivery monthly challenges |

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| **Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school** | | | |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| To purchase equipment to increase activity at playtimes and lunchtimes. **To support playground leaders and ensure children are active.**  Purchase of equipment for outside PE to support the delivery of **the PE curriculum to ensure children have access to a high quality experience in PE.**  Continue with wake and shake but **extend it to 10mins a day** and **introduce break and shake** as a daily physical activity **to form part of the menu for 30 active minutes for children. Both incorporating the 5-a-day-fitness programme.**  Develop a 30 minute timetable to include all activities which are delivered by playground leaders.  5 a day fitness  Investigate imoves as a tool to raising standards in all curriculum subjects and **engaging children in active learning**  Use Absolute coaching to record and monitor the children’s participation in clubs and sports festivals.  To introduce sugar smart leaders. To raise the profile of leadership across the school. Increase the opportunities for younger peers to get active through different opportunities and games. | £ 500  £1500  £252  £1000  £200  £300 | Equipment purchased and used to support delivery of physical activity.  This has increased the number of young people being more active during break and lunch. There has been a wider impact to confidence, aspirations and improved self-worth as children have been able to practice skills and techniques away from the spotlight of PE lessons. Children have celebrated their accomplishments and often ask the teacher on duty to watch them. This has impacted on attainment due to increase in activity levels  100% of children engaged in physically activity and engaged on a daily basis in the playground.  Active Timetable successfully introduced which children have supported in developing.  Contributing to active 30 – All children achieve their active 30 through our Wakenad shake/break and shake/ walk around daily activities, imoves helps contribute further to their 60 mins goal.  Active curriculum being delivered across the school in all classes. Children have been engaged in these sessions. Twighlight training happened to ensure staff was familiar with it.This was delivered to 4 members of staff increasing their competence and confidence to teach high quality PE sessions. It also helps focus the importance of active lesson which will contribute futher to the active 60.  Monitor the attendance of clubs and children who attend. Implementing more clubs and encouraging those least likely to attend  Club attendance  To increase the number of pupils physically active and engaged on a daily basis. Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils and parents about the benefits of physical activity and healthy active lifestyle. | **Sustainability**  Continue to train playground leaders to ensure delivery can continue.  Continue to train playground leaders annually to ensure delivery of playground activities can continue  **Next steps**  Maintain a log of equipment and put a replacement budget in place.  Update areas of the playground and investigate a trim trail.  Monitor the engagement of children playground activities  **Sustainability**  Encourage the children to develop the dance routines to include more stretches and moves that increase the heart rate  **Next steps**  Ensure there is a rotation of activities to continue to engage the children.  **Next steps**  Review use of imoves programme. To monitor the use of these programmes.  **Sustainability**  Implement imoves across the curricular  **Sustainability**  Ensure that all physical activity is logged and monitored  **Next steps**  Use the tool to Monitor the activities of children on the playground  **Next steps**  To ensure full implementation of sugar smart leaders in September. Monitor activity and behaviour incidents to see is they are affected.  **Next Steps**  Parent and pupil conferencing and questionnaires to monitor impact  **Sustainability**  Review the clubs and attendees.  Sports governor meeting to review. |
| **Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement** | | | |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| Continue to develop playground leaders with the support of the MTAs and PE lead  To further develop sports council representatives (2sports reps) within the school council/ensure that there is an agenda point within the current school council system, for the school to raise the profile of PE and school sport. Provide the school council with £250 budget with the aim of increasing physical activity.  To investigate and coordinate with the English coordinator about: 1 x literacy days for reluctant writers in year 1 to engage children in the writing process through physical activity in the outdoors  Further development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Ensure the website and school weekly newsletter is updated with school sporting achievements.  Celebration assemblies to recognise and reward achievement in PE and school sport. | Co-ordinator time  Working with school council £250  Arena membership  £300  Liaise with the Secretary. PE lead time. Sports Reps news reporters  **Resources** | Class Lynher Playground leaders delivering activities on a daily basis raising the profile of physical activity.  School council sports focus. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.  2 days delivered with every child having produced a piece of writing and teachers inspired with a tool kit of ideas to continue to deliver literacy activities outdoors. All reluctant writers were engaged throughout the day and produced some writing.  Celebration assemblies delivered weekly with a focus on achievement in PE and school sport which has raised profile with parents and pupils.  3 new parents running after school clubs as volunteers (fishing, sailing and rugby) | **Next Steps**  Continue to provide sports leadership opportunities for children.  UPDATE: Class Lynher are going to lead an assembly to introduce this to the school in September.  **Sustainability**  Continue to develop and extend opportunities for the sports council whole school.  UPDATE: Sugar Smart course delivered to Yr5/6 who are now developing playground activities, timetables and competitions  Continue to up skill staff in the delivery of active classrooms and learning in the outdoors and cascade training to pupil literacy leaders.  **Next Steps**  Continue to find interesting and innovative ways of celebrating sports achievement.  **Sustaniability**  Investigate the possibility of PE awards. Encourage staff to award values certificates for PE lessons and Sports involvement. Create a wall of achievement to celebrate internal and external sport.  Recruit volunteers to support in the delivery of after school clubs. |
| **Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport** | | | |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| Attendance at the PE sports conference  **Subject leader monitoring day**  **WildTribe course – Develop outdoor learning**  **SpinDrift Dance – To develop Dance CPD and delivery of lessons to raise standards of dance across the school**  **Gymnastics CPD - To develop Gymnastics CPD and delivery of lessons to raise standards of gymnastics across the school**  **Arena Memership** | Arena membership  £50  Arena  Supply- £200  Supply cover  £216  £215  £1665  £1500  £500 | Development of PE implementation and leadership The impact of this makes sure that the school is up to date with current and best practice.  To monitor and observe effective delivery and assessment of the PE curriculum.  Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs. There has been a 25% increase in Year 3, 33% increase in Year 5 and a 30% increase in Year 6 of the number of girls attending after school clubs in year 3 | **Sustainability**  Continue to support  the development of subject leadership whole school.  **Sustainability**  Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.  **Next steps**  There was no change in percentages in Year 4 and slight dips in Years 1 and 2 This dip was due to the absence of our yoga teacher for the entire term.  To increase provision to ensure there are increases across all year groups and prevent dips. |
| **Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils** | | | |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| Delivery of alternative sports day to introduce fencing, ultimate Frisbee.  Outdoor adventure activities to be delivered in the summer term. Through Wild Tribe  Develop Rugby and Sailing opportunities Dance  Spindrift Dance Club  Targeted clubs – Gymnastics (Girls) | £300  £500 rugby  £540 Sailing  **£1900 Dance**  **£392** | After a successful day delivered the idea would be that a sport is going to be developed as an after school club.  Engagement of reluctant learners. All reluctant writers were engaged throughout the day and produced some writing.  Increase in the number of girls attending an after school club.  A range of clubs lead by a PE specialist ensuring progression  In Year 3 there was a 14 % increase in club attendance.  In Year 4 there was a 12% increase in club attendance.  In Year 5 there was a 18% increase in club attendance.  there was a 17% increase in club attendance.  Dance club set up to engage children who prefer non games based sports.  Children who have taken part in clubs have increased confidence and self- esteem and are more willing to try a new activity, as observed by teaching staff during PE delivery. | Next Steps  Continue to broaden the range of alternative sports delivered.  **Sustainability**  Equipment purchased and staff trained in the delivery of these sports (next year as event is in last week)  **Sustainability**  Wider range of opportunities will continue to be offered to engage disengaged pupils.  Pupil engagement in local sports clubs (sailing and rugby) increased uptake extra curricularly to be monitored.  **Sustainability**  Increased participation of clubs by girls and KS1 see above stats  **Next Steps**  Needs of target groups continue to be addressed. |
| **Key Indicator 5 : Increased participation in competitive sport** | | | |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| To organise and compete in the local cluster competitions/tournaments.  Cornwall Primary Schools FA  Investigate entry into open level 2 competitions.  Introduce Arena monthly challenge.  Investigate Intra competitions – development of competitions within class groups and key stages | £20 | Working in partnership to increase participation and success in competition.  Children are more confident taking part in competitions and leadership skills have improved as a result of children competing against other schools. We finished the competitions in 3rd place which is an improvement on last place in the previous 2 years.  Organise home and away matches with local schools in a league system | **Next Steps**  Year on year increase of the number of children taking part in competition. School participated in a Tag Rugby tournamnet and Netball tournament  **Next Steps**  After a most successful season to continue to develop training and improve KS1 attendance (grassroots)  **Next steps**  The aim will be to make an increase in the numbers of pupils participating in competitive opportunities within school.  And an increase in the numbers of pupils participating in competitive opportunities against other schools.  Implement Arena monthly challenges  **Sustainability**  To monitor using absolute education |
| Swimming programme to support an increase in the number of Year 5/6 who can swim 25m. | £1653.50 Funded half due to the increase in provision from 30 mins to 60mins. | Children should be able to swim 25 metres.  Years 4, 5 and 6 undertook swimming lessons so that from next year the Year 3 and 4 will be working towards the NC requirements and Year 5 and 6 can focus on alternative water sport activities. All but 3 children 93% achieved the swimming distance and strokes required by the end of Year 6 | **Sustainability**  Introduce the ‘learn to swim’ programme earlier in the school to ensure more children can swim 25 metres by Year 6.  **Next Steps**  The 2 children in Year 5 and 6 next year are to join the Year 3/4 class in swimming sessions to support. |

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| **Meeting national curriculum requirements for swimming and water safety** | **Please complete all of the below:** |
| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year? | 100% |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year? | 94% (1 child =6%) |
| What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year? | 65% |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way? | **Yes** |

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| **Total funding - £16,870** | **Total funding allocated to date – £ 13053.50** | **Total funding to be allocated - £3816.50** |